Win More Wagers

TEMPLATE

FIND VALUE · RECORD KEEPING

Bet & Price Log

A printable log for the price you took, your estimate, the stake and the closing price. Honest records beat memory.

INSIDE

- One row per wager
- Break-even and CLV columns
- A weekly review box
- Never delete a losing row

Letter landscape · printable | v1.0 · November 2026 | Free · Education only

1 How to use this log

1 Before
Fill in date, event, book, number, price taken, break-even and your estimate.

2 Stake
Write the stake in units, within your cap.

3 At the close
Add the closing price and compute CLV.

4 After
Mark W / L / P and net units. Never skip a loser.

Log

#	Date	Event · market	Book	Number	Price taken	Break-even	My est. %	Stake (u)	Close price	CLV (pts)	Result	Net (u)	Notes
EX	Sample	Wolves -4.5 · spread (made-up)	Northline	-4.5	-110	52.4%	54.0%	0.50	-115	+1.1	W	+0.45	Example row only
1													
2													
3													
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13													

Break-even = implied probability of the price taken. **CLV (pts)** = close break-even − your break-even; positive = you beat the close. **Net (u)**: win = stake × 100 ÷ |odds| (negative odds) or stake × odds ÷ 100 (positive odds); loss = −stake; push = 0.

Weekly review

Totals	This week
Wagers placed (and passes)	
Units risked	
Net units	
ROI = net ÷ units risked	
Average CLV (pts)	
Biggest mistake in process	
One rule I will keep next week	

Honest questions	Yes / No
Did I stay within my unit and daily limits?	
Did I write a cancel condition for every wager?	
Did I log every price, including losers?	
Did I chase or bet to “get even”?	
Did I pass at least once when it was close?	
Is betting still fun and within budget?	

NEVER DELETE A ROW

Losing wagers stay in the log, exactly as placed. A record with the losses removed teaches you nothing, and it is how bettors fool themselves. If betting is no longer fun, see the Responsible Betting guide.